

Work Requirements

The interns/trainees will be required to meet and/or follow the following guidelines:

- Provide treatment services in accordance to the Internship and Training Agreement. These services are mostly related to the ongoing assessment and evaluation of patients and their individual conditions, development of treatment plans, and referral to other specialty and treatment services, as well as helping patients with crisis intervention. This agreement is available upon request.
- Pursue the general safety, confidentiality and well-being of the patients in the clinic and maintain clinic security procedures.
- Maintain full compliance with Aegis Policies, Protocols and Procedures (P,P&P's), and in particular the Aegis Code of Ethics.
- Maintain full compliance with federal and state regulations, in particular as it relates to HIPAA, DEA, 42 & 45 CFR, California Title IX & XXII, etc.
- Maintain professional relationships with the patients, in accordance to the above-mentioned Code of Ethics, as well as other professional standards (e.g., CARF).
- Support Aegis' mission, goals and objectives, as it relates to the scope and quality of patient treatment services.
- Adapt to Aegis' organizational culture, through being detail and result oriented, as well as being creative and critical thinkers.
- Pursue professional growth, and participate in Aegis' training. The training curriculum is available upon request.



Clinic Addresses

6500 Morro Rd., Suite D, **Atascadero**, CA 93422 • 805-461-5212
1018 21st St., **Bakersfield**, CA 93301 • 661-861-9967
590 Rio Lindo Ave., **Chico**, CA 95926 • 530-345-3491
1019 Jefferson St., **Delano**, CA 93215 • 661-721-0463
11041 E. Valley Blvd., **El Monte**, CA 91731 • 626-442-4177
5710 Hollister Ave., **Goleta**, CA 93117 • 805-681-7242
11959 Mariposa Rd., **Hesperia**, CA 92345 • 760-956-2462
614 W. Manchester Blvd., **Inglewood**, CA 90301 • 310-412-0879
14240 E. Imperial Hwy., **La Mirada**, CA 90638 • 562-946-1587
2321 S. Pontius Ave., **Los Angeles**, CA 90064 • 310-478-8066
320 "H" Street, #2, **Marysville**, CA 95901 • 530-742-7747
15th St. & "C" St., **Merced**, CA 95341 • (coming soon)
103 Modesto Ave., **Modesto**, CA 95354 • 209-527-4597
125 West "F" St., **Ontario**, CA 91762 • 909-986-4550
2055 Saviers Rd., #10, **Oxnard**, CA 93033 • 805-483-2253
1724 E. Washington Blvd., **Pasadena**, CA 91104 • 626-794-1161
34 E. Minarets Ave., **Pinedale**, CA 93650 • 559-431-6070
1050 N. Garey Ave., **Pomona**, CA 91767 • 909-623-6391
1133 Coloma Way, Suite C, **Roseville**, CA 95661 • 916-774-6647
4129 State St., **Santa Barbara**, CA 93110 • 805-964-4795
115 E. Fesler St., **Santa Maria**, CA 93454 • 805-922-6597
625 E. Main St., **Santa Paula**, CA 93060 • 805-525-4669
2650 Jones Way, #10, **Simi Valley**, CA 93065 • 805-522-1844
8626 Lower Sacramento Rd., #41, **Stockton**, CA 95210 • 209-478-2487
1825 E. Thelborn St., **West Covina**, CA 91791 • 626-915-3844
1322 N. Avalon Blvd., **Wilmington**, CA 90744 • 310-513-1300

Regional Corporate Office

501 W. Columbus St., Bakersfield, CA 93301 • 661-631-0842

Central Corporate Office

7246 Remmet Ave., Canoga Park, CA 91303 • 800-821-0775

Visit us @ www.aegismed.com

Counseling Internship and Training Program



Background & Introduction

Aegis Institute, Inc. in collaboration with Aegis Medical Systems, Inc. and Nationwide Medical Group, Inc. (collectively "Aegis") has established the Internship Program in pursuit of the highest standards of patient care. The Internship Program was designed to attract and recruit individuals with exceptional academic credentials that are seeking the best opportunity to obtain "real world" clinical experience, and skills.

The program will allow interns to provide "hands on" treatment of patients under the on-site supervision of experienced physicians, clinic managers and California Board of Behavioral Science (BBS) & California Psychology Board (CPB) approved clinical supervisors. Interns/trainees will also interact with the various clinical professionals through participation in the frequent case conferences, and peer review sessions.

The interns/trainees will also participate in Aegis' state of the art training curriculum, which includes onsite practicum, offsite lectures, online video streaming, power-point presentations, extensive library of resources, etc.

Aegis believes that approaching such interns and trainees in an early stage of their career will enable Aegis to recruit the best individuals, direct and support their professional development and growth, while simultaneously providing a benefit to Aegis patients.



Aegis Treatment Modality & Scope of Practice

Aegis' treatment modality and scope of practice was developed within the "Harm Reduction" discipline in support of achieving long term "Recovery." The process involves drastic changes in patients' lifestyles, and treatment is determined by the patients' clinical conditions & individual needs. Many of the patients we serve are struggling with their drug of choice, or poly-substance abuse, as well as other mental, emotional and behavioral disorders. Patients also face obstacles in various other domains of life, including family, social, legal, financial and/or vocational.

Significant change and behavioral modification takes an extensive period of time (up to several years). Aegis supports patients through the multiple step process (taking "one day at a time"), and provides patients with multi-disciplinary treatment that is a synergy of the medical, behavioral and social models. Services are rendered by a variety of professionals, including physicians, nurses, psychologists, therapists, dieticians, social workers, counselors, etc., and are complimented by other local community resources. These professionals are full-time, as well as part-time employees, and consultants.

Therapy and counseling is provided to patients in an individual, as well as group setting. The counselors (i.e., caseload managers) and therapists are required to support patients with any of the patients' common issues, including: treatment of dual diagnosis, domestic violence & abuse counseling, anger management, alcohol cessation, etc. The social workers will be involved in case management ("micro" social work) and/or community relations and outreach ("macro" social work). In some cases, when the community resources are not available, social workers will assist patients with vocational rehabilitation and eligibility work.

Training

The interns/trainees will participate in an extensive training curriculum, which includes:

- Initial onsite training of two weeks on clinical, regulatory and administrative matters.
- Ongoing online training through Aegis' intranet website, Ongoing online training through Aegis' intranet website, and Aegis University, covering substance addiction and professional related topics. The training will take advantage of the extensive electronic bibliography, government resources, and video library.
- Ongoing education on various professional & clinical matters (e.g., motivational interviewing, cognitive behavioral therapy, narrative therapy, etc.) on a monthly basis.

Engagement Terms & Conditions

The caseload managers/counselors will be working as either paid interns or trainees (i.e., volunteers) of Aegis Institute, Inc. (a non-profit organization). Interns, who have obtained their BBS & CPB internship status, will become "at will" employees. The trainees (a.k.a. "Practicum") will become volunteers, and are entitled to a stipend. The full terms and conditions, as well as compensation are further detailed in the Internship and Trainee Agreements. The trainee' terms of engagement are also subject to the agreement between Aegis and the trainee's academic institution.

In consideration of the long-term relationship between patients and their clinicians within the "Harm Reduction" treatment modality, as well as significant time and resources invested in the training of interns/trainees, the minimum engagement term for caseload manager/counselor interns will be eighteen (18) months, or 1,200 clinical hours. The minimum requirement for social worker trainees will be nine (9) months. However, once trainees obtain BBS & CPB internship status, their engagement can be upgraded to interns' terms and conditions.

- Ongoing onsite lectures on medical matters (e.g., the physiology of addiction, common medical conditions and their symptoms, interpretation of lab results, etc.) by the program physician.
- Participation in case conferences and peer reviews with other seasoned professionals. These venues will allow the trainee interns access to the extensive clinical experience of other staff members.
- Supervision by BBS & CPB certified clinical supervisors, as according BBS & CPB guidelines. The supervision will be provided in one of Aegis' clinics in individual and group supervision settings.
- Online proficiency testing, allowing interns/trainees to be evaluated for their "know how."
- Performance reviews and improvement plans will also be incorporated into the training curriculums and become a "cornerstone" for the interns/trainees' professional growth.